

ISA 2026 MIDKON

Where cutting-edge updates
meet clinical excellence



Organized by
**Indian Society of Anesthesiologists
Kerala Chapter**

2026
February

21

22



PetRose Event Centre
Kolenchery, Ernakulam

Hosted by ISA Malanad City Branch



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Day - 01
21st February 2026

PG QUEST

Hall A

Time	Topic	Internal / External
08:00 AM - 08:30 AM	Registration	
08:30 AM - 09:15 AM	Toxic Goitre: Thyroidectomy	Dr. Shoba Philip Lourdes Hospital, Ernakulam Dr. Girijanandan Menon D Al Azhar Medical College, Thodupuzha
09:15 AM - 09:45 AM	Paediatric Lap: Orchiopexy	Dr. Sugatha Prakash Jubilee Mission Medical College, Thrissur Dr. Rajeev Kadungapuram Lisie Hospital, Ernakulam
09:45 AM - 10:15 AM	Difficult airway: Obesity BMI - 44	Dr. Sathee Devi Amala Institute of Medical Sciences, Thrissur Dr. Anil C. P Little Flower Hospital, Angmaly
10:15 AM - 10:30 AM	Tea Break	
10:30 AM - 11:00 AM	TURP	Dr. Latha J Govt. Medical College, Kottayam Dr. Shamshad Beegum MES Medical College, Perinthalmanna
11:00 AM - 11:45 AM	HT, IHD for Mastectomy	Dr. Shalini Miriam Ipe M.O.S.C Medical College, Kolenchery Dr. Ashu Sara Mathai Believers Medical College, Thiruvalla
11:45 AM - 12:30 PM	Obstructive Jaundice for ERCP	Dr. Rashmi Ravindran Govt. Medical College, Kozhikode Dr. Sheela Varghese SUT Medical College, Trivandrum

Time	Topic	Internal / External
12:30 PM – 01:15 PM	Lung Abscess	Dr. Sobha S Govt. Medical College, Trivandrum Dr. Jaya Susan Jacob Lakshore Hospital, Ernakulam
01:15 PM – 02:00 PM	Lunch	
02:00 PM TO 02:30 PM	Hydrocephalus	Dr. Venugopal A RCC, Trivandrum Dr. Biju M. L Travancore Medicity, Kollam
02:30 PM – 03:15 PM	From Boyle's to Biosensors Anaesthesia Machine: Design, Dynamics & Delivery	Dr. Gurudatt C L Mysore
03:15 PM 04:00 PM	Mapleson to Circle: An Introduction to Breathing Circuits	Dr. Anand Bangera Kshema Mangalore
04:00 PM – 04:30 PM	Diabetic Foot: AK Amputation	Dr. Thomas P George Pushpagiri Medical College, Thiruvalla Dr. Paul O Raphael Malabar Medical College, Kozhikode
04:30 PM – 05:15 PM	Gestational Hypertension	Dr. Hema V. R Govt. Medical College, Thrissur Dr. Sunil Rajan Amrita School of Medicine, Kochi
5:15 PM	Tea	
06.00 PM	INAUGURATON: ISA MIDKON 2026 Banquet & Cultural Program	

Time	Topic	Faculty
Session 1 – The Expert’s Edge: How I Manage?		
09.00 AM – 09.15 AM	Turning Red Flags Green: Preoperative Optimization of the High Risk Surgical Patient	Dr Ramkumar V Manipal
09.15 AM – 09.30 AM	The Crimson Airway: Evidence Based Management of the Bleeding Airway	Dr. Vigil Peter Jubilee Medical College, Thrissur
09.30 AM – 09.45 AM	Mask Magic: Strategies for Smooth Induction in a Child without IV Access	Dr. Mallie Abraham Lakeshore Hospital, Kochi
09.45 AM – 10.00 AM	Discussion	
10.00 AM – 10.15 AM	Tea Break	
Session 2 – The Calm in the Chaos: Navigating Major Perioperative Events		
10.15 AM – 10.30 AM	When the P Wave Vanishes: Intraoperative New onset Atrial Fibrillation	Dr. Binil Issac Mathew Jubilee Medical College, Thrissur
10.30 AM – 10.45 AM	The Blue Alarm: A Systematic Approach to Intraoperative Desaturation	Dr. Mithun Raju P Amala Medical College, Thrissur
10.45 AM – 11.00 AM	The Silent Struggle: Rapid Response to Perioperative Laryngospasm	Dr.Rajesh M. C Baby Memorial Hospital, Kozhikode
11.00 AM – 11.15 AM	Discussion	
Session 3 – From Data to Decisions: Harnessing High Fidelity Monitoring		
11.15 AM – 11.30 AM	Visual Haemodynamics: A step by step guide to perioperative echocardiography interpretation	Dr.Thomas Koshy SCT, Trivandrum
11.30 AM – 11.45 AM	From Guedel to Spectrograms: The Evolution of Depth of Anaesthesia Monitoring	Dr.Ajay Prasad Hrish SCT, Trivandrum

11.45 AM – 12.00 PM	Beyond the Twitch: Neuromuscular block monitoring	Dr.Gurudatt C L Mysore
12.00 PM – 12.15 PM	Discussion	
Session 4 – The Expert’s Eye: Video Sessions		
12.15 PM – 12.30 PM	Wide Awake and Worry Free: Mastering the Art of Awake Intubation	Dr. Sreelatha Varma MVR Cancer Centre, Kozhikode
12.30 PM – 12.45 PM	Deciphering the ANS: A Video Guide to Autonomic Nervous System Functional Assessment	Dr.Vivek T. Menachery Aster Medcity, Kochi
12.45 PM – 01.00 PM	Moving Past the Midline: The Rise of Truncal Nerve Blocks	Dr.Sachin George Lisie Hospital, Ernakulam
01.00 PM – 01.15 PM	Discussion	
01.15 PM – 02.00 PM	Lunch	
02.00 PM – 04.00 PM	ISA Kerala GC Meeting	
05.00 PM – 06.00 PM	Best PG Competition – Preliminary Round	

Time	Topic	Faculty
Session 1 – When Minutes Matter in Trauma		
08.30 AM – 08.45 AM	Damage Control Resuscitation: What is new?	Dr. Sara Vergis M.O.S.C Medical College, Kolenchery
08.45 AM – 09.00 AM	Patient Blood Management: A Revolutionary Approach to Transfusion Medicine	Dr. Suresh G. Nair Aster Medcity, Ernakulam
09.00 AM – 09.15 AM	A Trailblazing Session on Traumatic Brain Injury	Dr. Jithendra T Aster Medcity, Ernakulam
09.15 AM – 09.30 AM	Discussion	
Session 2 – The High Stakes Enviornment of Obstetrics		
09.30 AM – 09.45 AM	PDPH: Evidence Based Clinical Practice Guidelines	Dr.Priyanka Pavithran Aster MIMS, Kozhikode
09.45 AM – 10.00 AM	Labour Analgesia: Where do we stand today?	Dr.Suvarna K Govt. Medical College, Wayanad
10.00 AM – 10.15 AM	Maternal collapse: How to handle the Catastrophe?	Dr.Anil Sathyadas Govt. Medical College, TVM
10.15 AM – 10.30 AM	Discussion	
10.30 AM – 10.45 AM	Tea Break	
Session 3 – Quantum Leaps		
10.45 AM – 11.00 AM	Harnessing Artificial Intelligence (AI) in Anaesthesiology	Dr. Sharon Basil M.O.S.C Medical College, Kolenchery
11.00 AM – 11.15 AM	2025 Updates in DAS & CPR Guidelines	Dr. Praseetha V. K Govt. Medical College, Thrissur
11.15 AM – 11.30 AM	The Ephemeral & Evanescent addition to our Armamentarium: Remifentanil	Dr. Jaideep Ravi Lisie Hospital, Ernakulam
11.30 AM – 11.45 AM	The future is Automated, are you? Robotic Anaesthesia in all its Valour	Dr. Dinit Joy Apollo Adlux Hospital, Angamaly
11.45 AM – 12.00 PM	Discussion	

Session 4 – Enhancing Patient Outcomes		
12.00 PM – 12.15 PM	Tackling Postoperative Delirium	Dr. Saneesh P J Ananthapuri Hospital , Trivandrum
12.15 PM – 12.30 PM	Fluid, Vasopressors, or Inotropes? Monitoring Cardiac Output to navigate the ‘Shock’ State	Dr. Vijish Venugopal KMCT Medical Col- lege, Kozhikode
12.30 PM – 12.45 PM	Mitigating Disasters: Medication Errors & Safe Anaesthesia Practices	Dr. Vinodan K Medical Trust Hospital, Ernakulam
12.45 PM – 01.00 PM	Discussion	
01.00 PM – 01.45 PM	Lunch	
01.45 PM – 02.00 PM	From Expert Clinician to Master Educator: TOT (Teachers of Tomorrow) Session	
02.00 PM – 03.00 PM	Panel Discussion – From Stridor to Scopy: Comprehensive Management of Pediatric FBA Moderator: Dr. Ramkumar V, Manipal	Dr. Shaloo Ipe M.O.S.C Medical College
		Dr. Joe John Chirayth Amala Medical College, Thrissur
		Dr. Lakshmi Kumar Amrita School of Medicine, Kochi
		Dr. Anita Shirley Joselyn CMC, Vellore
Session 5 – Alleviating the Inevitable – Pain Management		
03.00 PM – 03.15 PM	Mapping Nerves, Mastering Analgesia	Dr. Sajeesh G Neyyar Medicity, Trivandrum
03.15 PM – 03.30 PM	A balanced approach to Analgesia for ERAS: “Preventive Multimodal Analgesia”	Dr. Nimmy Raju Believer’s Medical College, Thiruvalla
03.30 PM – 03.45 PM	Living well with pain & illness: Chronic Pain Management	Dr. Girijanandan Menon D Al Azhar Medical College, Thodupuzha
03.45 PM – 04.00 PM	Discussion	
4:00 PM	Valedictory Function & Prize Distribution	

Hall B

09.00 AM TO 01.00 PM

Paper Presentation

01.30 PM TO 03.30 PM

Viva for Best PG

Hall C

09.00 AM TO 01.00 PM

Poster Presentation

Hall D

09.00 AM TO 10.30 AM

TOT Presentation