

# ISA 2026 MIDKON

*Organized by*  
**Indian Society of Anaesthesiologists Kerala Chapter**



**FEBRUARY**  
**21<sup>st</sup> & 22<sup>nd</sup>**  
**2026** | PetRose  
Event Centre  
Kolenchery

*Hosted by ISA Malanad City Branch*

*For Registration*

[isamalanad.org](http://isamalanad.org)

# ISA MIDKON

2026

Dear Colleagues,

The ISA Kerala State Chapter Warmly welcomes you to ISAMIDKON 2026. This meeting is hosted by ISA Malanad City Branch at PetRose Event Center, Kolenchery and we look forward to an inspiring program of scientific sessions and networking.

The ISAMIDKON 2026 - PG QUEST and Midterm CME is a major academic and professional event organized by the ISA Kerala State Chapter.

Our committee has curated content that balances clinical excellence, technological innovation and patient centred practice in Anaesthesiology.

## Event Highlights:

- **ISAMIDKON:** This typically refers to the Mid-Term Conference, which serves as an important platform for knowledge exchange and skill enhancement among medical professionals in the field of Anaesthesiology.
- **PG QUEST:** A key component of the event, the "PG Quest" is usually a dedicated academic program for Postgraduate Residents in Anaesthesiology. It fosters learning, critical thinking, and healthy competition among the next generation of specialists.
- **Midterm CME (Continuing Medical Education):** The CME sessions will likely feature expert lectures and discussions on the latest advances, guidelines, and challenging cases in clinical anaesthesia, critical care, and pain medicine.

- ***PG Quest moderated by seasoned examiners***
- ***Paper & Poster Presentation for PG Residents***
- ***TOT Session for Junior Consultants***
- ***Best PG Award Competition***
- ***CME sessions by stalwarts in the field***

## Conference Registration Charges

Category	Early Bird (Up to 15 <sup>th</sup> January 2026)	16 <sup>th</sup> January 2026 to 15 <sup>th</sup> February 2026	Spot Registration (16 <sup>th</sup> February 2026 onwards)
PG: ISA Member	4000	4500	5000
PG: Non-ISA Member	8000	9000	10000
Consultant: ISA Member	4500	5500	6500
Consultant: Non- ISA Member	9000	11,000	13,000
Accompanying Person	2000 Per Person (Including Banquet)		

**Day - 01**

21<sup>st</sup> February 2026

# PG QUEST

Hall A

Time	Topic	Internal / External
08:00 AM - 08:30 AM		<b>Registration</b>
08:30 AM - 09:15 AM	Toxic Goitre: Thyroidectomy	<b>Dr. Shoba Philip</b> Lourdes Hospital, Ernakulam  <b>Dr. Girijanandan Menon D</b> Al Azhar Medical College, Thodupuzha
09:15 AM - 09:45 AM	Paediatric Lap. Orchiopexy	<b>Dr. Sugatha Prakash</b> Jubilee Mission Medical College, Thrissur  <b>Dr. Rajeev Kadungapuram</b> Lisie Hospital, Ernakulam
09:45 AM - 10:15 AM	Difficult airway: Obesity BMI - 44	<b>Dr. Sathee Devi</b> Amala Institute of Medical Sciences, Thrissur  <b>Dr. Anil C. P</b> Little Flower Hospital, Angmaly
10:15 AM - 10:30 AM		<b>Tea Break</b>
10:30 AM - 11:00 AM	TURP	<b>Dr. Latha J</b> Govt. Medical College, Kottayam  <b>Dr. Shamshad Beegum</b> MES Medical College, Perinthalmanna
11:00 AM - 11:45 AM	HT, IHD for Mastectomy	<b>Dr. Shalini Miriam Ipe</b> M.O.S.C Medical College, Kolenchery  <b>Dr. Ashu Sara Mathai</b> Believers Medical College, Thiruvalla
11:45 AM - 12:30 PM	Obstructive Jaundice for ERCP	<b>Dr. Rashmi Ravindran</b> Govt. Medical College, Kozhikode  <b>Dr. Sheela Varghese</b> SUT Medical College, Trivandrum

Time	Topic	Internal / External
12:30 PM - 01:15 PM	Lung Abscess	<b>Dr. Sobha S</b> Govt. Medical College, Trivandrum  <b>Dr. Jaya Jacob</b> Lakeshore Hospital, Ernakulam
01:15 PM - 02:00 PM	<b>Lunch</b>	
02:00 PM TO 02:30 PM	Hydrocephalus	<b>Dr. Venugopal A</b> RCC, Trivandrum  <b>Dr. Biju M. L</b> Travancore Medicity, Kollam
02:30 PM - 03:15 PM	From Boyle's to Biosensors Anaesthesia Machine: Design, Dynamics & Delivery	<b>Dr. Gurudatt C. L</b> Mysore
03:15 PM 04:00 PM	Mapleson to Circle: An Introduction to Breathing Circuits	<b>Dr. Anand Bangera</b> KSHEMA, Mangalore
04:00 PM - 04:30 PM	Diabetic Foot: AK Amputation	<b>Dr. Thomas P George</b> Pushpagiri Medical College, Thiruvalla  <b>Dr. Paul O Raphael</b> Malabar Medical College, Kozhikode
04:30 PM - 05:15 PM	Gestational Hypertension	<b>Dr. Hema V. R</b> Govt. Medical College, Thrissur  <b>Dr. Sunil Rajan</b> Amrita School of Medicine, Kochi
5:15 PM	<b>Tea</b>	
06.00 PM	<b>INAUGURATON: ISA MIDKON 2026</b> <b>Banquet &amp; Cultural Program</b>	

# Day - 01

21<sup>nd</sup> February 2026

# CME

# Hall B

Time	Topic	Faculty
<b>Session 1 – The Expert's Edge: How I Manage?</b>		
09.00 AM - 09.15 AM	Turning Red Flags Green: Preoperative Optimization of the High Risk Surgical Patient	<b>Dr. Ramkumar V</b> Manipal
09.15 AM - 09.30 AM	The Crimson Airway: Evidence Based Management of the Bleeding Airway	<b>Dr. Vigil Peter</b> Jubilee Medical College, Thrissur
09.30 AM - 09.45 AM	Mask Magic: Strategies for Smooth Induction in a Child without IV Access	<b>Dr. Mallie Abraham</b> Lakeshore Hospital, Kochi
09.45 AM - 10.00 AM	<b>Discussion</b>	
10.00 AM - 10.15 AM	<b>Tea Break</b>	
<b>Session 2 – The Calm in the Chaos: Navigating Major Perioperative Events</b>		
10.15 AM - 10.30 AM	When the P-wave Vanishes: Intraoperative New onset Atrial Fibrillation	<b>Dr. Binil Issac Mathew</b> Jubilee Medical College, Thrissur
10.30 AM - 10.45 AM	The Blue Alarm: A Systematic Approach to Intraoperative Desaturation	<b>Dr. Mithun Raju P</b> Amala Medical College, Thrissur
10.45 AM - 11.00 AM	The Silent Struggle: Rapid Response to Perioperative Laryngospasm	<b>Dr. Rajesh M. C</b> Baby Memorial Hospital, Kozhikode
11.00 AM - 11.15 AM	<b>Discussion</b>	
<b>Session 3 – From Data to Decisions: Harnessing High Fidelity Monitoring</b>		
11.15 AM - 11.30 AM	Visual Haemodynamics: A step by step guide to perioperative echocardiography interpretation	<b>Dr. Thomas Koshy</b> SCT, Trivandrum
11.30 AM - 11.45 AM	From Guedel to Spectrograms: The Evolution of Depth of Anaesthesia Monitoring	<b>Dr. Ajay Prasad Hrishi</b> SCT, Trivandrum

11.45 AM - 12.00 PM	Beyond the Twitch: Neuromuscular block monitoring	<b>Dr.Gurudatt C L</b> Mysore
12.00 PM - 12.15 PM	<b>Discussion</b>	
<b>Session 4 – The Expert's Eye: Video Sessions</b>		
12.15 PM - 12.30 PM	Wide Awake and Worry Free: Mastering the Art of Awake Intubation	<b>Dr. Sreelatha Varma</b> MVR Cancer Centre, Kozhikode
12.30 PM - 12.45 PM	Deciphering the ANS: A Video Guide to Autonomic Nervous System Functional Assessment	<b>Dr.Vivek T. Menachery</b> Aster Medcity, Kochi
12.45 PM - 01.00 PM	Moving Past the Midline: The Rise of Truncal Nerve Blocks	<b>Dr.Sachin George</b> Lisie Hospital, Ernakulam
01.00 PM - 01.15 PM	<b>Discussion</b>	
01.15 PM - 02.00 PM	<b>Lunch</b>	
02.00 PM - 04.00 PM	ISA Kerala GC Meeting	
05.00 PM - 06.00 PM	Best PG Competition – Preliminary Round	



# Day - 02

22<sup>nd</sup> February 2026

# CME

Hall A

Time	Topic	Faculty
<b>Session 1 – When Minutes Matter in Trauma</b>		
08.30 AM - 08.45 AM	Damage Control Resuscitation: What is new?	<b>Dr. Sara Vergis</b> M.O.S.C Medical College, Kolenchery
08.45 AM - 09.00 AM	Patient Blood Management: A Revolutionary Approach to Transfusion Medicine	<b>Dr. Suresh G. Nair</b> Aster Medcity, Ernakulam
09.00 AM - 09.15 AM	A Trailblazing Session on Traumatic Brain Injury	<b>Dr. Jithendra T</b> Aster Medcity, Ernakulam
09.15 AM - 09.30 AM	<b>Discussion</b>	
<b>Session 2 – The High Stakes Environment of Obstetrics</b>		
09.30 AM - 09.45 AM	PDPH: Evidence Based Clinical Practice Guidelines	<b>Dr.Priyanka Pavithran</b> Aster MIMS, Kozhikode
09.45 AM - 10.00 AM	Labour Analgesia: Where do we stand today?	<b>Dr.Suvarna K</b> Govt. Medical College, Wayanad
10.00 AM - 10.15 AM	Maternal collapse: How to handle the Catastrophe?	<b>Dr.Anil Sathyadas</b> Govt. Medical College, TVM
10.15 AM - 10.30 AM	<b>Discussion</b>	
10.30 AM - 10.45 AM	<b>Tea Break</b>	
<b>Session 3 – Quantum Leaps</b>		
10.45 AM - 11.00 AM	Harnessing Artificial Intelligence (AI) in Anaesthesiology	<b>Dr. Sharon Basil</b> M.O.S.C Medical College, Kolenchery
11.00 AM - 11.15 AM	2025 Updates in DAS & CPR Guidelines	<b>Dr. Praseetha V. K</b> Govt. Medical College, Thrissur
11.15 AM - 11.30 AM	The Ephemeral & Evanescent addition to our Armamentarium: Remifentanil	<b>Dr. Jaideep Ravi</b> Lisie Hospital, Ernakulam
11.30 AM - 11.45 AM	The future is Automated, are you? Robotic Anaesthesia in all its Valour	<b>Dr. Dinit Joy</b> Apollo Adlux Hospital, Angamaly
11.45 AM - 12.00 PM	<b>Discussion</b>	

## Session 4 – Enhancing Patient Outcomes

12.00 PM - 12.15 PM	Tackling Postoperative Delirium	<b>Dr. Saneesh P J</b> Ananthapuri Hospital, Trivandrum
12.15 PM - 12.30 PM	Fluid, Vasopressors, or Inotropes? Monitoring Cardiac Output to navigate the 'Shock' State	<b>Dr. Vijish Venugopal</b> KMCT Medical College, Kozhikode
12.30 PM - 12.45 PM	Mitigating Disasters: Medication Errors & Safe Anaesthesia Practices	<b>Dr. Vinodan K</b> Medical Trust Hospital, Ernakulam
12.45 PM - 01.00 PM	<b>Discussion</b>	
01.00 PM - 01.45 PM	<b>Lunch</b>	
01.45 PM - 02.00 PM	From Expert Clinician to Master Educator: TOT (Teachers of Tomorrow) Session	
02.00 PM - 03.00 PM	<p>Panel Discussion – From Stridor to Scopy: Comprehensive Management of Pediatric FBA</p> <p>Moderator: <b>Dr. Ramkumar V, Manipal</b></p>	<b>Dr. Shaloo Ipe</b> M.O.S.C Medical College  <b>Dr. Joe John Chirayth</b> Amala Medical College, Thrissur  <b>Dr. Lakshmi Kumar</b> Amrita School of Medicine, Kochi  <b>Dr. Anita Shirley Joselyn</b> CMC, Vellore

## Session 5 – Alleviating the Inevitable – Pain Management

03.00 PM - 03.15 PM	Mapping Nerves, Mastering Analgesia	<b>Dr. Sajeesh G</b> Neyyar Medicity, Trivandrum
03.15 PM - 03.30 PM	A balanced approach to Analgesia for ERAS: "Preventive Multimodal Analgesia"	<b>Dr. Nimmy Raju</b> Believer's Medical College, Thiruvalla
03.30 PM - 03.45 PM	Living well with pain & illness: Chronic Pain Management	<b>Dr. Bindu M</b> Govt. Medical College, Kannur
03.45 PM - 04.00 PM	<b>Discussion</b>	
4:00 PM	<b>Valedictory Function &amp; Prize Distribution</b>	

## Hall B

09.00 AM TO 01.00 PM

Paper Presentation

01.30 PM TO 03.30 PM

Viva for Best PG

## Hall C

09.00 AM TO 01.00 PM

Poster Presentation

## Hall D

09.00 AM TO 10.30 AM

TOT Presentation

### Conference Secretariat

Dept. of Anaesthesiology

M.O.S.C Medical College, Kolenchery

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# Organizing Team

## ISA Kerala Office Bearers



**Dr. Binil Isaac Mathew**  
President



**Dr. Vijish Venugopal**  
Hon. Secretary



**Dr. Jaleel K B**  
Hon. Treasurer

## ISA Malanad Branch Office Bearers



**Dr. Manjit George**  
President



**Dr. Nabeel B**  
Secretary



**Dr. Vinu Jose**  
Treasurer

## ISAMIDKON 2026



**Dr. Sam Philip**  
Organizing Chairperson



**Dr. Rakhee S**  
Organizing Secretary